

#6308 A—#6319 A

**The Inner Space Connection:***Psychic Bites*

Learn what being psychic is and how to bring it out. You will be reading tarot, doing psychometry, using numerology and more. Each week we will cover different aspects of ESP. Call or email convenor for directions. Classes meet from 2-4 PM.

CONVENER: Jerry & Michael White & Linda Wilkes (816-331-4715); E-mail: [danceoflife@kc.rr.com](mailto:danceoflife@kc.rr.com)

CLASS FEE: \$9

#6308A; *Psychic Brain*; 1 session; Saturday, June 6; Mat fee \$2#6309A; *Tarot*; 1 session; Saturday, June 13; Mat fee \$2#6310A; *Using Energy: Magic and Healing*; 1 session; Saturday, June 20; Mat fee \$8#6311A; *Stones and Other Oracles*; 1 session; Saturday, July 11; Mat fee \$2#6312A; *Psychometry*; 1 session; Saturday, July 18;#6313A; *Handwriting Analysis*; 1 session; Saturday, July 25; Mat fee \$5#6314A; *Numerology*; 1 session; Saturday, August 1; Mat fee \$5#6315A; *Reincarnation Karma & The Purpose of Life*; 4 sessions; Saturdays, beginning August 8; Mat fee \$10#6316A; *Out-of-Body*; 1 session; Saturday, August 15;#6317A; *Dowsing*; 1 session; Saturday, August 22; Mat fee \$5#6318A; *Soul Ages w/ Michael Charts*; 1 session; Saturday, August 29; Mat fee \$15#6319A; *Astrology*; 1 session; Saturday, September 5;

MEETS: See Class #6302 A for directions; LIMIT: 12

**Philosophy**

#6501 A

**Introduction to Objectivism The Philosophy of Ayn Rand**

Author and philosopher Ayn Rand wrote such best-selling novels as "The Fountainhead" and "Atlas Shrugged." She called Objectivism "a philosophy for living on earth," a philosophy that holds the view of "man as a heroic being, with his own happiness as the moral purpose of his life, with productive achievement as his noblest activity, and reason as his only absolute." This course will introduce the basic ideas of Objectivism and their application to everyday life.

CONVENER: Kurt Colville (913-232-8797);

E-mail: [kcolville@kc.rr.com](mailto:kcolville@kc.rr.com)

CLASS FEE: \$14

Sec. A: 2 sessions; Thursdays, beginning June 18; 7:00 PM - 9:00 PM; Flarsheim Hall, Rm. 261, 5110 Rockhill Rd., UMKC Campus, KCMO, South of 51st. On Rockhill; LIMIT: 40

#6502 A

**Christianity's Jewish Roots**

What kind of Jew was Jesus? Explore answers to this and related questions with a university level Bible instructor who has been a repeat guest on KCPT/TV19. Contrast Jewish and Christian views on dual covenant theology (by which each faith affirms the validity of the other). Trace Jesus' favorite commandments back to their point of origin in Hebrew Scriptures.

CONVENER: Barry Speert (913-206-5229)

E-mail: [speertonreligion@aol.com](mailto:speertonreligion@aol.com)

CLASS FEE: \$9

Sec. A: 1 session; Tuesday, June 16; 6:00 PM - 8:00 PM; Haag Hall, Rm. 306, 52nd & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 12

# outer paths

**Martial Arts**

#7001 A

**Six Elbows Kung Fu**

Six Elbows Kung Fu is a rare southern Kung fu system from Canton, China. It is excellent for exercise and self-defense. It has many empty-hand forms, a fan form, a long pole form and a two-person form. Instructor Chun Man Sit learned this art in his native city, Hong Kong in the 70's.

CONVENER: Chun Man Sit; E-mail: [cmsit@everestkc.net](mailto:cmsit@everestkc.net)

CLASS FEE: \$9

Sec. A: 1 session; Saturday, June 27; 10:30 AM - 12:30 PM;

Westport Presbyterian Church, 201 Westport Rd., KCMO;

LIMIT: 15

#7002

**Wu Style Tai Chi Chuan**

Wu style Tai Chi Chuan is a soft style martial art. The form consists of a series of 108 postures, one flowing smoothly into the next. When practiced Tai Chi promotes a sense of serenity and well being, increases flexibility, improves balance, muscle control and mental clarity. The instructor will give a demonstration of the Wu style form. Some warm-up techniques will be introduced along with the first movement of the form.

CONVENER: Chun Man Sit; E-mail: [cmsit@everestkc.net](mailto:cmsit@everestkc.net)

CLASS FEE: \$9

Sec. A: 1 session; Saturday, June 27; 9:00 AM - 10:30 AM;

Westport Presbyterian Church, 201 Westport Rd., KCMO;

LIMIT: 15

#7003

**Traditional Shaolin Kung Fu**

Learn self defense based on the original eight animals of Kung Fu: leopard, crane, dragon, tiger, snake, praying mantis, monkey and eagle. Join us for a great aerobic workout!

CONVENER: Elisha Wampler

CLASS FEE: \$9

Sec. A: 1 session; Tuesday, June 9; 8:00 PM - 9:00 PM;

Sec. B: 1 session; Friday, June 12; 6:30 PM - 8:00 PM;

MEETS: City in Motion School of Dance, 3925 Main (across

Main St. from CVS Pharmacy), KCMO; LIMIT: 10

#7004 A or B

**Jeet Kune Do**

...A non-classical method of self defense blending Wing Chun, Western boxing, fencing and northern style kicking. Course includes: kicking, hand strikes, trapping, grappling and energy/sensitivity. Focus is on simplicity and directness. All ranges are covered.

CONVENER: Bryan Stevenson (816-536-7493)

CLASS FEE: \$14

Sec. A: 2 sessions; Mondays, beginning July 6; 8:45 AM - 10:00 AM;

Sec. B: 2 sessions; Tuesdays, beginning July 7; 6:45 PM - 8:00 PM;

MEETS: Professional Fitness Building, 13901 E. Noland Court Independence, MO 64055; LIMIT: 30

**Recreation**

#7101 A

**Basic Trap Shooting**

Class will instruct students on safe firearm handling, proper stance and mounting of shotgun, different types of shotguns and ammunition. There will be live firing on the trap range to give you a chance to practice what you have learned in the classroom.

CONVENER: Steven Elliott (816-229-4448)

E-mail: [Steven.Elliott@mdc.mo.gov](mailto:Steven.Elliott@mdc.mo.gov)

CLASS FEE: \$9

Sec. A: 1 session; Saturday, July 11; 9:00 AM - 11:00 AM; Lake

City Shooting Range &amp; Outdoor Education Center, 28900 Argo

Rd., Grain Valley, MO; LIMIT: 15

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Work for justice!**

**May 16<sup>th</sup>, Saturday,**  
1:00 to 5:00pm  
UMKC, University Center,  
50<sup>th</sup> & Rockhill Road, KCMO

**Join us for:**

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- ✎ music and poetry;
- ✎ peace exhibits & kids activities;
- ✎ interfaith peace prayer ceremony, peace drum circle and much more.

**Share your vision of how we can change our culture of war into a culture of justice, peace and sustainability!**

For more information contact the American Friends Service Committee at 816 931-5256, [iharritt@afsc.org](mailto:iharritt@afsc.org) or [www.afsc.org/kansascity/](http://www.afsc.org/kansascity/)